Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Ms. Disney Soc 7

Study Guide

**What should I study?**

* Class notes
* Textbook readings
* Worksheets – maps, charts, graphs, activities
* Vocabulary
* Homework

**How should I study?**

First of all, you need to find a quiet, comfortable, and well-lit area to make your study space. No TV, computer, music, phone, or other distractions should be in your study zone! Treat your study space as you would the library. Once settled, try several of the following study tips to reinforce the information as many ways as possible.

* Read over all of your notes
* Read your notes out loud to yourself or someone else
* Summarize your class notes and/or worksheets into a briefer form
* Make flash cards and quiz yourself. If you know the answer, put the card to one side. If not, put the card into a different pile. Repeatedly practice your cards until they are all in the “KNOW” pile.
* Reread any textbook pages that apply to the assessment
* Enlist a friend to be your study buddy
* Write questions beside anything in your binder that you don’t understand
* Come for extra help!

**Remember**: If you spend 20 minutes a day reviewing your class notes, you will not have much difficulty studying because the information will become stored in your long-term memory. Some students will have to try more of the methods above than others since everybody is different and levels of preparation vary. As you study more and more, you will learn which methods are most effective for you, and knowing how to study will become second nature!